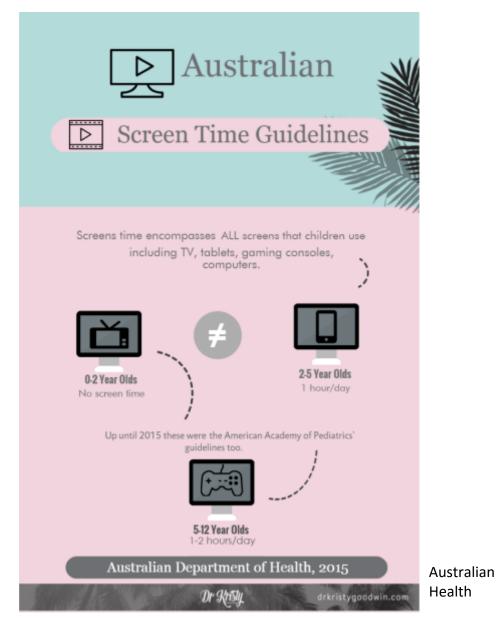




## **Current Australian Screen-Time Recommendations**



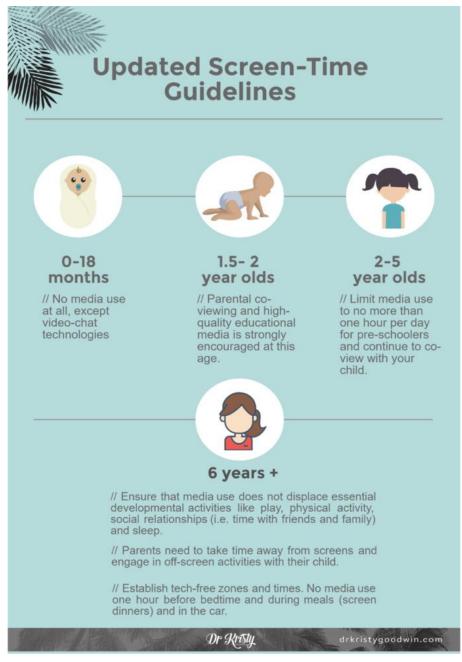
Source: Department of

 $\frac{http://www.health.gov.au/internet/publications/publishing.nsf/Content/gug-indig-hb^{\sim}inactivitiy}{http://www.health.gov.au/internet/publications/publishing.nsf/Content/gug-indig-hb^{\sim}inactivitiy}{http://www.health.gov.au/internet/publications/publishing.nsf/Content/gug-indig-hb^{\sim}inactivitiy}{http://www.health.gov.au/internet/publications/publishing.nsf/Content/gug-indig-hb^{\sim}inactivitiy}{http://www.health.gov.au/internet/publications/publishing.nsf/Content/gug-indig-hb^{\sim}inactivitiy}{http://www.health.gov.au/internet/publications/publishing.nsf/Content/gug-indig-hb^{\sim}inactivitiy}{http://www.health.gov.au/internet/publications/publishing.nsf/Content/gug-indig-hb^{\sim}inactivitiy}{http://www.health.gov.au/internet/publications/publishing.nsf/Content/gug-indig-hb^{\sim}inactivitiy}{http://www.health.gov.au/internet/publications/publishing.nsf/Content/gug-indig-hb^{\sim}inactivitiy}{http://www.health.gov.au/internet/publications/publishing.nsf/Content/gug-indig-hb^{\sim}inactivitiy}{http://www.health.gov.au/internet/gug-indig-hb^{\sim}inactivitiy}{http://www.health.gov.au/internet/gug-indig-hb^{\sim}inactivitiy}{http://www.health.gov.au/internet/gug-indig-hb^{\sim}inactivitiy}{http://www.health.gov.au/internet/gug-indig-hb^{\sim}inactivitiy}{http://www.health.gov.au/internet/gug-indig-hb^{\sim}inactivitiy}{http://www.health.gov.au/internet/gug-indig-hb^{\sim}inactivitiy}{http://www.health.gov.au/internet/gug-indig-hb^{\sim}inactivitiy}{http://www.health.gov.au/internet/gug-indig-hb^{\sim}inactivitiy}{http://www.health.gov.au/internet/gug-indig-hb^{\sim}inactivitiy$ 





## **Current American Academy of Pediatrics' Screen- Time Recommendations**



Source: American

Academy of Paediatrics, revised 2016 (<a href="https://www.aap.org/en-us/about-the-aap/aap-press-room/pages/american-academy-of-pediatrics-announces-new-recommendations-for-childrens-media-use.aspx">https://www.aap.org/en-us/about-the-aap/aap-press-room/pages/american-academy-of-pediatrics-announces-new-recommendations-for-childrens-media-use.aspx</a>)